



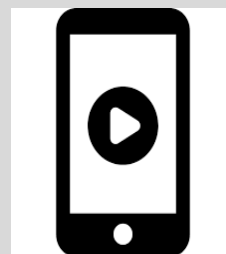
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如何使用我的血糖儀？



[Bit.ly/Guide-Chi](https://bit.ly/Guide-Chi)

我能吃什麼？



[Bit.ly/Diet1-Ch](https://bit.ly/Diet1-Ch)



[Bit.ly/Diet2-Ch](https://bit.ly/Diet2-Ch)



[Bit.ly/Diet3-Ch](https://bit.ly/Diet3-Ch)



胰島素如何幫助我？



[Bit.ly/InsulinIntro-ChiSC](https://bit.ly/InsulinIntro-ChiSC)

更多資源：



[Sfghdiabetes.org](https://sfghdiabetes.org)