



The Point

January 2022

Making diabetes care better, less frustrating and more fun since 2008

IN THIS ISSUE:

- **MORE** tips and **NEW** cheatsheet on Medi-cal Rx changes
- Diabetes needs assessment survey
- Virtual DEEP programs starting soon!

MORE ABOUT MEDI-CAL RX

Medi-cal Rx went live January 1, 2022! As you know, patients formerly on SFHP medi-cal, Anthem BC medi-cal and straight medi-cal now follow a single Medi-Cal Rx formulary. We've been sorting out questions and troubleshooting pharmacy questions. If you missed it, see [December's issue](#) of "The Point" for specific criteria and limitations for continuous glucose monitors.

The good news is that nothing has changed for Healthy San Francisco and Healthy Worker. Remember that Healthy Worker is not part of medi-cal, and coverage of medications and supplies remain under SFHP medi-cal, not Medi-cal Rx.

For patients with T2DM, we always encourage starting with lifestyle modifications, metformin, then sulfonylurea unless there are compelling reasons for other medications first. All insurances cover metformin and sulfonylureas. See attached updated [cheatsheet](#) for Healthy San Francisco, Medi-cal Rx and Healthy Worker coverage of other diabetes medications and supplies/devices. This cheatsheet is also posted at sfghdiabetes.org.

For the super wonky, the source documents of covered supplies under Medi-cal Rx are attached here since multiple brands are covered:

- [Pen needles](#)
- [Syringes](#)
- [Glucometers](#)
- [Test strips and lancets](#)

Other helpful tools:

- Medi-cal Rx [formulary search tool](#)

- Medi-cal Rx 24-hr customer service line 1-800-977-2273
- Submit medication PA via [CoverMyMeds](#) or fax [form](#)
- Comprehensive [Medical Rx Provider Manual](#) ("Ctrl F" to search for specifics)

DIABETES NEEDS ASSESSMENT SURVEY

We really value your input and feedback. Help us help you (!) by letting us know what you need to care for your patients with diabetes. Please take a couple minutes to complete this [survey](#).

A few lucky responders will win some great patient giveaways (digital foodscale, measuring cups, etc.) ...

VIRTUAL DEEP CLASSES STARTING SOON

In-person English and Spanish diabetes group education visits at ZSFG are temporarily on hold, however OnLok offers free on-line Diabetes Education & Empowerment Programs throughout the year for patients with diabetes or pre-diabetes and their caregivers. Anecdotally, one of our patients said he felt hugely energized and empowered by participating in DEEP.

See flyers for groups **starting now/soon** as well as OnLok contacts for future classes in case your patient missed this cycle:

[English, Spanish](#)



sfghdiabetes.org