



The Point

December 2021

Making diabetes care better, less frustrating and more fun since 2008

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HELP US IMPROVE DIABETES SERVICES

As part of our Diabetes Education Program Recognition from the American Diabetes Association, the SFGH Diabetes team reviews our goals and activities every year to improve diabetes care in the San Francisco Health Network system and **we need your input.**

Please complete this short [survey](#) for anonymous feedback. Thank you so much for partnering with us to care for our diabetes patients.

UPDATES FOR DIABETES EDUCATION

Announcements:

1. English and Spanish speaking patients are invited to join Crystal Loucel, RN/diabetes educator, in finding **diabetes-friendly foods at good prices at Safeway**. Meet at the Safeway on 16th St. and Potrero at 4 p.m. this Friday, December 17.
2. Patients overwhelmingly prefer in-person diabetes education groups over zoom. To further increase accessibility, we will be offering either **morning or afternoon group options for both English and Spanish groups**. Groups will continue to meet every 2 weeks for a total of 4 topics.

Starting in 2022, English or Spanish speaking patients can choose:

- Tuesday afternoons 1:30 - 3:30 p.m.
- Thursday mornings 10 a.m. - noon

Please submit eConsult as usual to refer appropriate patients, and let us know if your patient prefers morning or afternoon groups.

MEDI-CAL RX STARTS JANUARY 1, 2022!

Look out for another issue of "The Point" in the near future where we'll dedicate more space to summarizing diabetes-related changes when medi-cal plans switch to state-wide **Medi-cal Rx**.

For the time being, you can favorite the [on-line formulary search tool](#).

We are reassured to hear that most medications commonly used in T1 and T2DM are still covered under the new formulary. Users of the Guide and TrueMetrix meters will also be able to continue using the same meters.

Look out for the upcoming issue where we summarize changes for:

- Quantity limits on blood glucose testing supplies for folks on insulin or not on insulin
- Access to continuous glucose monitors



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