Softclix Lancet + Accu-chek Guide meter





Set-up:

Turn the cap to the number you want.

1 is for sensitive skin
5 is for thicker skin
2-3-4 are inbetween



1. Pull cap straight off





2. Insert lancet... then twist off round cover



3. Line up notches and replace cap. You will hear a click



4. Press the button all the way in (like a ballpoint pen)



5. Touch side of finger to end of lancing device



6. Press yellow button to prick your finger. You will hear a click



7. Gently squeeze finger to get a drop of blood



8. Remove one test strip



9. Insert gold side into meter.



10. Push strip all the way in. Meter will turn on automatically



11. Apply blood at the yellow edge of the test strip



12. See your result. Pull test strip out to turn meter off



13. Remove cap





14. Use body of lancing device to push lancet into sharps box. Replace cap

Done!