



The Point

March 2021

Making diabetes care better, less frustrating and more fun since 2008

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- New on-line diabetes education resources

QUICK UPDATES ON GLUCOMETERS

We know it's hard to keep track of which insurances cover which glucometers and testing supplies! For the moment, these are important tips to know:

Healthy San Francisco covers Aviva meter + Aviva plus test strips + Softclix lancets

- Aviva plus test strips are on back order at the ZSFG outpatient pharmacy and clinics, but this is only temporary. Supplies cannot be obtained at outside pharmacies, must be rx'd to the outpatient pharmacy
- In the near future, since the Aviva meter is no longer being manufactured, SFHN has chosen the Accu-chek Guide meter for the preferred meter. **No action is needed at this point since the transition has not been finalized.** Stay tuned

SFHP medi-cal covers Guide or Guide Me meter + Guide test strips + either Softclix lancets or Fastclix lancet drums

- What's the difference? The Guide meter can be set in many different languages, however the screen display is smaller. The Guide Me meter is only available in English, but the buttons and screen view are larger.
- Originally, Guide and Guide Me meters were all shipped with the Fastclix lancing device. Due to user feedback, all new meter kits are now being shipped with the Softclix lancing device. If your patient needs refills, be sure to ask if they are using the individual Softclix lancets (#100/box) or the Fastclix lancet drums (#102/box)

Anthem BC medi-cal covers TrueMetrix meter + True test strips + True plus lancets

Medicare will cover a variety of meters

To make it easier for patients to learn these different devices, check out these video and print resources at www.sfghdiabetes.org:

- Liseli Mulala, PharmD, CDCES, along with her pharmacy students, created great close-up videos in English and Spanish on how to use all the above meters and lancing devices in English and Spanish. These are cached under the Video tab at top, or under For Provider-->Glucometer.
- Simple, step by step photo instructions for the Aviva and Guide meters in English/Spanish/Chinese are also posted for printing

NEW ON-LINE DIABETES EDUCATION RESOURCES

The **Diabetes Education & Empowerment Program** is a free 6-week workshop series (2 hrs/wk) facilitated by a trained health educator for individuals with diabetes, prediabetes and their caregivers. The program is free and currently being offered virtually in English and Spanish.

- Daytime DEEP in [English/Spanish](#) offered by OnLok
- Evening DEEP in [English/Spanish](#) offered by Liseli Mulala, PharmD, CDCES at ZSFG

All these resources and more, to support living with diabetes, are available at www.sfghdiabetes.org!



sfghdiabetes.org