The Point **September 2019**

Making diabetes care better, less frustrating and more fun since 2008

SPECIAL SEPTEMBER EDITION
(part 1 of 2)

> ZSFG 2019 T2DM Oral Algorithm

> New videos on insulin

Diabetes Resources in SharePoint

ZSFG 2019 T2DM ORAL ALGORITHM

Many of you attended the Quarterly Provider meeting in April and heard Dr. Julie Kim's presentation of the ZSFG Diabetes Team's **T2DM Oral Algorithm**, updated from 2013. Since then, we have had more interdisciplinary discussions and integrated the latest data announced at the American Diabetes Association's annual conference in June.

It's an ever-changing landscape, but we are happy to finally synthesize everything into the algorithm, keeping in mind our formulary restrictions. The algorithm is attached here along with important details of the medications here, and also posted on our DiabetesResources website in SharePoint.

We anticipate the algorithm will continue to evolve as new data emerges. Feel free to contact us with any questions, particularly if your providers would like more discussion around use of newer agents.

INTRODUCING NEW VIDEOS ON INSULIN

Patients with T2DM are often very worried, fearful and resistant to starting insulin. We see this all the time and it's normal. We welcome referrals to our monthly "insulin intro" group in English and Spanish, but realize there are many barriers to getting folks to even come to this group.

We have launched **videos in English and Spanish** to address common myths/misconceptions about insulin, featuring ZSFG patients who speak movingly about their journey from denial and fear to acceptance and understanding about the use of insulin. Links are also posted on eVideon (for inpatient) and on our DiabetesResources website in SharePoint. If your patient has a smartphone, they can go to YouTube and search under "ZSFG insulin" to view. Soon to come-- video in Cantonese.

Have a look! Share the videos with your patients. We welcome feedback.