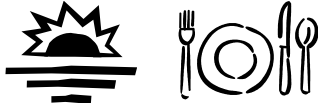


# My Insulin Schedule

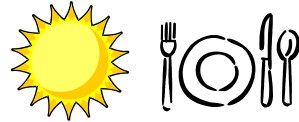
## Before Breakfast



Sugar	Fast Insulin:
80-100	units
101-150	units
151-200	units
201-250	units
251-300	units
301-350	units
351-400	units
More than 400	units

Slow insulin:
units

## Before Lunch



Sugar	Fast Insulin:
80-100	units
101-150	units
151-200	units
201-250	units
251-300	units
301-350	units
351-400	units
More than 400	units

## Before Dinner



Sugar	Fast Insulin:
80-100	units
101-150	units
151-200	units
201-250	units
251-300	units
301-350	units
351-400	units
More than 400	units

## Bedtime



Slow insulin:
units

If your sugar is less than 80, treat right away with a sugary drink or food (such as ½ cup juice, ½ regular soda, 4 glucose tabs, or 3 teaspoons of sugar). Once your blood sugar is over 80, it's ok to give your fast insulin dose and eat a meal.